



BALANCE WEEKEND IN QUINTA DAS LÁGRIMAS

DARE TO BREAK YOUR ROUTINES WITH TWO DAYS OF FULL IMMERSION IN THE BAMBOO GARDEN SPA AND REGAIN YOUR BODY AND MIND BALANCE.

DAY 1

MINI-FACIAL TREATMENT

EXPRESS TREATMENT FOR THOSE ON THE GO. A SUPERB AROMATIC PAUSE THAT GIVES NEW LIFE TO YOUR FACE

RELAXATION MASSAGE

THE DAILY STRESS REDUCES OUR BODY'S ENERGY LEVELS. THIS MASSAGE ELIMINATES THE ACCUMULATED STRESS AND REVITALIZES THE SKIN, GIVING IT A NEW LIFE

DAY 2

REFLEXOLOGY

REFLEXOLOGY INVOLVES STIMULATING THE NERVE CONNECTIONS IN THE SOLE OF THE FOOT TO BALANCE AND RESTORE ENERGY TO VARIOUS ORGANS IN THE BODY

INCLUDES:

- TWO NIGHTS IN A SPA OR PALACE ROOM WITH BUFFET BREAKFAST
- 3 TREATMENTS BY PERSON
- USE OF THE INDOOR POOL, FITNESS ROOM AND SAUNA
- 10% DISCOUNT IN RESTAURANT ARCADAS (DRINKS NOT INCLUDED)

JANUARY & FEBRUARY NOVEMBER & DECEMBER		MARCH TO OCTOBER	
WEEK	WEEKEND	WEEK	WEEKEND
299 €	307 €	326 €	339 €

PRICE BY PERSON IN A DOUBLE ROOM, INCLUDING TAXES

CONDITIONS :

FROM 3RD JANUARY TO 29TH DECEMBER 2011, EXCEPT CARNIVAL, EASTER AND CHRISTMAS.
THIS PACKAGE IS SUBJECT TO PRIOR RESERVATION AND TO AVAILABILITY.
THIS PACKAGE CANNOT BE COMBINED WITH OTHER EXISTING OFFERS AND CAN BE CHANGED WITHOUT PRIOR NOTICE.

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