



# *Quinta das Lágrimas*

HOTEL . GOURMET . GOLF . SPA

★★★★



Nature, charm, history, elegance, experiences.... this is the essence of Quinta das Lágrimas (Estate of Tears), a hotel with soul and character, a retreat of comfort that honors Portugal's rich traditions of hospitality and gastronomy. For centuries a private sanctuary that welcomed Kings, Emperors and world figures like the Duke of Wellington, the Quinta das Lágrimas Hotel is now open to all those that appreciate the art of fine living... and to those that want to discover the medieval love legend of Prince Pedro and the fair Inês de Castro.

## **HISTORY**

Quinta das Lágrimas, located halfway between Oporto and Lisbon, is much more than just a charming hotel. The comfort of its rooms and suites is complemented by a medieval legend of love. It was at the Quinta that in the XIVth-century Prince Pedro and Inês de Castro lived their forbidden love affair. Legend says that it was here that Inês cried for the last time, while being pierced by the daggers of the killers sent by King Afonso, Pedro's father. Her blood still colors the stone-bed of the fountain that was born of her tears--the tears that gave the name to this romantic estate.

## **CUISINE**

Our cuisine uses traditional ingredients of this region to create exquisite recipes that we refresh four times per year, with the rhythm of the seasons. It is a "Market Cuisine" because it uses only the freshest ingredients available. Our Chefs use vegetables and herbs organically grown on our own grounds. In our restaurant, which was recently granted a Michelin star, you will be able to savor aromatic herbs from our Chef's Garden and oranges, lemons and avocados from our orchard, as well as the raspberries and wild watercress that grow all over the Quinta.

## **SPA**

The Bamboo Garden Spa at Quinta das Lágrimas is a sanctuary of peace and serenity that offers a series of treatments aimed at promoting relaxation and well-being for mind and body.

## **GOLFE**

The hotel's on site golf academy (equipped with a driving range and a 9-hole pitch and putt course), specialized in the training of short-game, is complemented by the region's two golf courses, the closest of which is located 20 minutes away from the hotel.

## **BOTANIC GARDENS**

The Quinta's 12 hectares of botanical gardens are a haven for dozens of species of birds and also a true Natural Museum where rare trees are exhibited as if they were works of art. The Quinta das Lágrimas' collection of trees boasts specimens from all corners of the world, including camphor trees, maples, palm trees, araucarias, and a couple of sequoias planted by the Duke of Wellington when he visited the estate in the early nineteenth century when the general was the commander in chief of the Anglo-Portuguese army that repelled Napoleon's troops. The Duke's lieutenant was the lord of the manor and he stayed at the Quinta for two occasions, leaving profound memories behind.

Legend says that Inês' ghost still roams the Quinta, eternally searching for Pedro. If you are lucky you might even meet her...